

# 8th Grade Dance Tryouts March 2-5, 2020

## Tryouts

8<sup>th</sup> grade dance tryouts for the 2020-21 school year will be held March 2-5, 2020 at the North Gym at Conway Junior High.

March 2 - Check in begins at 4:45, Tryouts start at 5

March 3-4 - 5:00-6:30

March 5 – TBA

Students must be picked up promptly at 6:30 p.m. Monday through Wednesday. Thursday's ending time will be announced later.

Tryouts are open to students currently enrolled in the 7<sup>th</sup> grade in Conway Public Schools. This is a closed tryout.

**Participants should complete the Information sheet/participation form and submit it by email to [williamsme@conwayschools.net](mailto:williamsme@conwayschools.net) by Wednesday, February 26, 2020. Rank One documents should also be entered by Wednesday, February 26, 2020. Current athletes are already entered in Rank One and will not need to resubmit information unless their physical has expired. Students with incomplete paperwork will not be allowed to participate until completion is verified.**

[Click to access the required forms](#)

- ✓ [Information sheet/participation form](#)
- ✓ [Rank One Information](#)

Tryout numbers and/or names for those making the team will be posted on the school website after tryouts are completed.

## What should I wear to tryouts?

All students trying out for dance should wear:

Blue shorts

Plain white short sleeved t-shirt, no camis or tank tops

Athletic or dance shoes

Hair should be in a ponytail, a natural color, and no bow.

No or neutral nail polish.

Jewelry is not permitted.

## How much time is required of a dancer?

Dance is a year-long class meeting 6<sup>th</sup> period, Monday-Friday. We dance for blue and white side football and basketball home games both boys' and girls' teams. That involves approximately 40 school nights of required attendance. Parent/guardians must provide transportation to and prompt pick up after games. Dance practice/camp may begin as early as the first week of August and is mandatory. Meet the Cats is typically the first Friday night after school begins and attendance is mandatory.

## Contestant Expectations for Dance

- ✓ Great attitude
- ✓ Follows and takes direction well
- ✓ Learns quickly
- ✓ Can collaborate effectively
- ✓ Facial expressions
- ✓ Desire to practice
- ✓ Kicks, turns, and leaps a plus

Top scores make the team.

## Costs for Personal Items

Required personal items to be purchased MAY include items such as shoes, poms, windsuit/jacket, rain jacket, bag, and bows. There will also be a cost for choreography. Approximate cost is \$300.

## Uniforms

Dance uniforms are property of the Conway Athletic Department. They will be assigned by the coach and returned clean to the coach the week after the last

## Dance is a Sport!

Dance is considered a team school sport and part of the Athletic Department. Team members are expected to be in physical shape for athletic participation. Physical conditioning is part of team sports. When basketball season is over, off-season dance conditioning will be an everyday class expectation.

## Behavior Expectations

Dance team members represent Conway Junior High and are expected to demonstrate leadership and act as role models for our school. Respect for coaches, teachers, and teammates is expected at all times whether on or off campus, during school hours or non-school hours.

Texting and social media sites should not be used to gossip or make suggestive, derogatory, or harassing comments about anyone. Harassment or bullying of teammates or other students is strictly prohibited.

Poor attitudes/behavior is detrimental to our program. Poor attitudes/behavior can result in benching or removal from the team at the coaches' discretion.

## Volleyball and Basketball Conflicts

Any girl who will be participating in both Volleyball and Dance in 8th grade needs to understand that Volleyball games are played on Monday/Thursday and all football games are played on Thursday. There will be days when your volleyball team plays at home, you might have the chance to play the volleyball game and then get to the football game to cheer and perform at half-time. On Thursday's when your volleyball games are out of town, you would not have that option.

Boys' and girls' basketball games are played at the same times but at different gyms with few exceptions. You will not be able to cheer during basketball season if you are a basketball player unless there is not a scheduling conflict.

## Questions?

For more information regarding dance, please contact Meagan Williams, 8<sup>th</sup> grade dance coach, at [williamsme@conwayschools.net](mailto:williamsme@conwayschools.net).

